



MEDICAL WEIGHT LOSS PROGRAM FIRST VISIT INSTRUCTIONS

Congratulations!

Acknowledging there is a problem and joining a medically supervised Weight Loss Program are the first steps in leading a healthy life style.

If you are ready for a change to a healthier body and life let's take the first steps together.

A. LABORATORY TESTS:

As a member of the American Society of Bariatric Physicians, Dr Mowett requires bloodwork and an EKG (electrocardiogram) for all new weight loss patients. The blood tests required are: Complete Blood Count with Differential, Complete Metabolic Panel, Thyroid Test (TSH) and Lipid Profile.

If you have had these tests done by your Primary Care Physician within the past 3 months, you may have them faxed to us at: 941-748-8426. You must have these results available on or before the day of your appointment.

You may choose to have these tests done through our office. Bloodwork is \$80.00 and EKG IS \$40.00 (**prices are subject to change**).

It is very important you have these tests available at your Weight Loss Consultation. The EKG can be taken the day of your first appointment.

B. WEIGHT LOSS CONSULTATION:

To schedule an appointment for your initial consultation with Dr. Mowett, please call: 941-749-0741. Once you have an appointment, you can go to our home page (www.tawcenter.com), click on Client Resources, and print New patient visit forms and Medical Weight Loss, fill them out ahead of time (HIPPA form is yours to keep) and bring them in with you at your first visit. If you are having difficulty accessing our website forms it will be necessary for you to pick them up or have them mail or faxed from our office. *All paperwork must be completed prior to your visit. If you are unable to complete the paperwork prior to your visit, you need to arrive 30 minutes before your schedule appointment to fill them out or we will need to reschedule your appointment. You may pick up or sign a medical release form for the blood tests paperwork prior to your visit.*

Set aside 1½ hours for the first consultation. The Weight Loss Consultation includes: History and Physical, Vital Signs, Lifestyle Evaluation, Body Composition Analysis, Nutrition and Exercise recommendations and review of blood work and EKG, if you opt to get it during your consultation.



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C. PAYMENTS:

Weight Loss Consultation fee is due at the time of your first visit. If you decide to start any of our Medical Weight Loss Programs at your first appointment, we have a variety of payment options. Call us for details.

D. WEEKLY VISITS:

The weekly visits are intended to help you with your progress. It will require a 15 minute appointment and your food and exercise log for that week. You will meet with one of the counselors, weight, blood pressure and pulse will be checked, and we will go over the food diary and exercise log. Counseling on food choices, exercise and behavior modification are also provided during the weekly visit. We will answer any questions you may have, and offer our recommendations to help you achieve your weight goal.

F. CANCELLATION OR MISSED APPOINTMENT POLICY:

We do not accept patients without appointments. Appointments that are not cancelled 24 hours prior to appointment time or no -shows will be billed a \$25.00 cancellation fee. Cancellation or no- show fees must be paid prior to making future appointments and are the sole responsibility of the client. Missed appointments cannot be refunded or credited to the next week's treatment period. Lipotropic injections missed cannot be credited for future injections. If you are enrolled in a special program through your employer, cancelled or no-show appointments will be applied to your treatment plan and will be charged against your treatment program. Repeat cancelled or no-show appointments may result in termination from treatment at this practice.

G. INSURANCE REIMBURSEMENT:

We suggest you call your medical insurance and inquire if your policy covers Medical Weight Loss Management. Although we do not participate or receive payment from major insurance plans, we will provide, at your request, a statement that you can submit to your insurance company.

A complete list of our current Program fees is available at the front desk or you can call us to obtain more information.