



**The Aesthetic and Wellness Center, PLC**

3825 State Road 64 E Suite 300 Bradenton, FL 34208 941-749-0741

**IPL Hair Removal**  
**Treatment Informed Consent**

I understand that the Clareon™ IPL is intended for hair reduction, treatment of a variety of pigmented lesions, treatment of vascular lesions on face and skin rejuvenation. Clinical studies have shown that the results may vary in different skin types, ages, areas treated, and genders. I understand that there is a possibility of rare short-term and long-term side effects, which include but are not limited to redness, mild burning, temporary unsightly bruising, temporary or permanent discoloration, increased hair growth (very rare), or scarring (rare).

These effects have all been fully explained to me \_\_\_\_\_ (initial). I am receiving treatment for hair removal on \_\_\_\_\_.

Based on experience with thousands of treatments and discussions with doctors around the world, we have found that those people with lighter skin and darker hair tend to have the best response and usually require the least amount of treatments. On the other hand, those with darker skin or lighter hair tend to have more variation in the response to treatment. Some patients in this category will observe excellent results, some will experience partial results, and some will experience no improvement. Multiple treatments are required for optimal therapy.

I, \_\_\_\_\_ have been informed by Dr. Inda Mowett, other licensed physician, nurse, physician assistant or qualified staff member of the cost of the treatment, of the treatment modalities, of secondary and unwanted side effects, of potential transient or permanent damage to my skin that may result from this treatment. I understand that, as with any treatment, certain risks are involved and that complications or side effects from known and unknown causes could occur. By signing below, I agree to have this procedure and I freely assume the risks.

\_\_\_\_\_  
Client or Parent Signature

\_\_\_\_\_  
Date



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### **Hair Removal Pre-treatment Procedure Instructions**

- Do not wax, bleach, tweeze or pluck the area to be treated for a minimum of 6 to 8 weeks prior to your first treatment. Photographs will be taken before treatment to record hair density.
- After your first appointment you can shave day of treatment.
- Alternative methods during this time are: shaving and trimming with manicure scissors.
- Avoid sun exposure, tanning beds and self-tanning creams for a minimum of 4 weeks prior to treatment, and throughout the course of your treatment.
- A broad spectrum UVA/UVB sun block SPF 30 or greater should be applied to the areas treated, whenever exposed to the sun.
- If your skin has a suntan or sunburn, your scheduled treatment will be postponed due to the possibility of burning your skin with the pulsed light treatment.
- If your skin is very sensitive, we recommend a prescription anesthetic cream or gel, such as: Lidocaine. Apply enough to cover 1/8 inch 1 hour before treatment and cover with a saran wrap. The saran wrap will be removed at the office.
- On the day of your treatment, we recommend you wear loose fitting, comfortable and washable clothing.
- If you tend to get cold sores, fever blisters or have genital herpes, you will need to start an anti-viral medication. This medication needs to be taken few days before and after each treatment.
- If you tend to develop dark spots, a mediated skin bleacher will be recommended, to be applied prior and after treatments.

\_\_\_\_\_  
Client or Parent Signature

\_\_\_\_\_  
Date



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### Hair Removal Post-Treatment Procedure Instructions

- Redness around the follicles should fade quickly the same day.
- Immediately after treatments, you can apply ice packs to reduce the redness or swelling at the treatment area.
- You should cleanse your skin with a mild cleanser or baby shampoo once or twice a day, if needed. Pat the skin instead of rubbing or scrubbing it.
- **It is important that the treated area is well moisturized.** Apply a mild moisturizer that does not contain any irritant three to four times a day for five days. After this time, you can apply it just once or twice a day.
- After the treatment, **do not shave** the treated area for at least 3 days.
- **Avoid excessive sweating** during the first 24 hours after treatment.
- Avoid any type of physical activity that will make you sweat, such as aerobic exercise, weight lifting, treadmill, etc.
- **Avoid direct sun exposure for 2 weeks.** After 24 hours you may apply sunblock, at least a 30 SPF, as long as there are no breaks in the skin, crusting, scabbing, or inflamed areas.
- Make-up may be applied 24 hours after the treatment as long as there is no inflammation, irritation, or severe redness of the treated areas.
- If scabbing or crusting occurs, do not pick these lesions and apply natural petroleum jelly twice a day. If you remove the scab it may leave a dark spot or scar.
- If an area becomes inflamed apply Bacitracin ointment twice a day. Bacitracin is sold without a prescription in any drug store.
- Call us if you experience any unusual side effect.

Client or Parent Signature \_\_\_\_\_ Date: \_\_\_\_\_