



Healthy News

The Aesthetic & Wellness Center

941-749-0741

Visit us at www.tawcenter.com & check our Monthly Specials

3825 State Road 64 E,
Ste. 300
Bradenton, FL 34208

Fall-Winter 2009
Inside This Issue

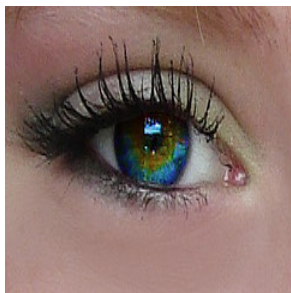
Staying Fall Fit



Instant, long lasting wrinkle correction. RADIESSE® wrinkle filler corrects facial wrinkles to give you a natural, younger look that lasts. If it sounds like magic, that's because it is. Actually the magic ingredient is you™. RADIESSE® wrinkle filler stimulates your body to produce your own natural collagen to restore loss of volume and smooth out the signs of aging. And in many patients, the result may last a year or more. **Call about our**

RADIESSE® specials.

941-749-0741



LATISSE®

Don't Bat An Eye Without Latisse®!

Latisse® is the only FDA approved treatment for hypotrichosis or inadequate eyelashes, proven to increase the growth, including length, thickness and darkness.

Latisse® must be prescribed by a physician. The majority of patients saw significant results in 2 months. Stop in to see our before and after gallery.



FALL FITNESS

- Start your day with a good breakfast.
- Plan healthy meals and snacks
- Take advantage of fresh fall fruits and vegetables full of antioxidants and beta carotene.
- Eat food and products that are made from whole grains.
- Add green tea to your routine. It contains catechins. Catechins are antioxidants that scavenge for free radicals that can damage DNA.
- Take long walks enjoying the fall weather,
- Get plenty of rest.
- Hydrate, hydrate, hydrate.

FALL WEIGHT LOSS

PROGRAMS

GET IN SHAPE FOR THE HOLIDAYS!

Call about our weight loss programs, We can help you change your lifestyle and take control of your eating habits. Learn to deal with your cravings. Now offering **Group Weight Loss Sessions**.

- Personalized Weight Loss Programs
- Motivational Support
- Weight Loss Behavioral Counseling
- Fitness Training

Medical Manicures

Healthy manicures with emphasis on well maintained hands and natural nail treatments. We use eco-friendly products without harsh chemicals. We also offer Medical Pedicures. **Make your appointment today.**



Join Us For Our :

"Fall Fusion"

Dr. Inda Mowett and her staff invite you for an evening of fun and excitement.

Meet Fitness Guru, Kevin Langley, BS, CPT.

Learn about Radiesse®, the instant, long lasting wrinkle corrector. Taryn Seely will be here to answer your questions about this dynamic product. Enjoy product knowledge, door prizes and deep discounts on our services and products. Bring a friend and receive additional discounts.

Save the Date!

Tuesday

November 10, 2009

5:00 p.m.-7:00 p.m.

Radiesse®	1
Fall Fitness	2
Medical Manicures	3
Latisse®	4
Fall Fusion Event	5
Email Club	6
Food Bank Food Drive	7

Join our Email Club
Visit our website
www.tawcenter.com

The Aesthetic and
Wellness Center Hours
Closed on Monday
Open Tuesday thru Friday
9:00 AM-6:00 PM
Closed for lunch 12-1

Manatee County Food Bank

Food & Fund Drive

The Food Bank of Manatee collects and distributes over 1 million pounds of food to needy individuals a year. This year they will distribute close to 2 million pounds of food to this community.

Please help us with our:

Food & Fund Drive

October 1 thru November 30, 2009

Please bring items to the Aesthetic & Wellness Center.

Most needed items

Baby cereal, food, formula, diapers, pasta, healthy cereals, tuna & other canned meat & fish, peanut butter, rice, canned soups & stews, macaroni & cheese, dry & canned beans, canned vegetables & fruit, 100% fruit juice (cans, bottles, boxes), flour & sugar and nutritious children's snacks.

Monetary Donations Accepted

Help Us Help!