



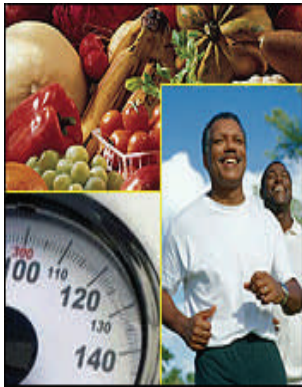
Healthy News
The Aesthetic & Wellness Center
941-749-0741

Visit us at www.tawcenter.com & check our Monthly Specials

3825 State Road 64 E,
Ste. 300
Bradenton, FL 34208

April 2009

Start Getting Ready For The Summer



For those stubborn fat deposits, we now have VelaShape™. It is the first FDA approved device created to work on areas with cellulite and fat mass deposits, difficult to lose with diet and/or exercises. It uses a combination of heat, suction, radiofrequency and infrared light energy targeting and treating fat deposits and reducing cellulite.



Treatments with VelaShape have been featured in TV shows such as Rachel Ray and Dr. Phil. It is an excellent adjunct to your weight loss process, if your starting BMI is below 33. Healthy lifestyle changes and exercises are still recommended to maintain the results and to keep the weight off.

We have an excellent package and no interest financing, with low monthly payments. Call us today and make your consultation.

AS WE AGE OUR FEET NEED THE BEST CARE

The Aesthetic & Wellness Center has added a new service, ideal for individuals who require comprehensive foot care. The feet are the most neglected part of our body. The importance of foot care increases as we age. Professional foot care services help maintain mobility and independence. As we do with our skin and hair, nails & toenails need care and maintenance, as well as nutrition.



This service is ideal for senior citizens, athletes and people that work long hours on their feet. Treat yourself today to a Medical Pedicure.

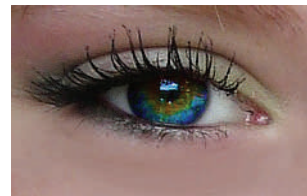
Are you ready to achieve a healthier, beautiful and stronger body? Are you committed to complete your New Year Resolutions? The Aesthetic and Wellness Center can help you, not only to lose weight, but also to obtain a more perfect body. Weight loss is about losing the excess of fat mass, not the muscles that help us to stay fit and protect our bones. Is never too late to start where you left off. With more daylight time you can recondition your body by walking and stretching. Remember, if you have not exercised for a while, consult with your Primary Physician, before you start working out.

If you need the right professional help in your effort to lose weigh, we are here to help you. Call us today at 941-749-0741

Eye Rejuvenation

As we age, one of the first areas on the face that reflects the aging process in the skin around the eyes. The eyelids have the thinnest and most delicate skin of the entire body. Our emotions are rapidly noted in our eyes, when we feel tired, sad or energetic. One of the first visible signs is the presence of pronounced lines and wrinkles (crow's feet) caused by contraction of the muscle below the

skin. Initially, the lines appear with facial expression, but as we lose collagen and elastin, they tend to be more prominent even without facial movements. The best approach to prevent the formation of the new wrinkles, is relaxing the muscles with Botox. To help rebuild the collagen & elastin, without causing inflammation to the skin, an excellent approach will be with a non-ablative laser (Aramis Laser).



When we lose volume (fat) around the eyes, it gives a hollow look, making someone look always tired. An excellent and simple remedy is replacing the volume with fillers, such as: Restylane or Juvederm.

Remember to apply an eye cream formulated to provide antioxidants & nutrients to the lids twice a day.

Call us today, we can help.

Inside this issue:

Summer & Weight Loss	1
VelaShape™	2
Medical Pedicure	3
Eye Rejuvenation	4
Email Club	5
New Staff Members	6
Did you know?	7

Join our Email Club
visiting our website
www.tawcenter.com

The Aesthetic and
Wellness Center
welcomes:
Mary Jo Harper
(Business Manager, LPN &
Master Pedicurist).
Kelly Stiness
(RN & Aesthetician)

DID YOU KNOW?

Studies have shown that most of the skin damage is caused by UV light exposure before the age of 20.

Protect yourself with the right sun block for your skin type. Select a broad spectrum sun block with a UVA and UVB protection, with a SPF rating of at least 30 for lighter skin and 15 for darker skin. Remember to reapply it at least every 2 hours or as often as necessary to prevent sun burn or tanning while outdoors. For more information visit American Cancer Society website:

www.cancer.org