



THE AESTHETIC AND WELLNESS CENTER, PLC

3825 State Road 64 East Suite 300 Bradenton, FL 34208 941-749-0741

WEIGHT LOSS PROGRAM FIRST VISIT INSTRUCTIONS

Congratulations!

Acknowledging there is a problem and joining a medically supervised Weight Loss Program are the first steps in leading a healthy life style.

If you are ready for a change to a healthier body and life let's take the first steps together.

A. LABORATORY TESTS:

As a member of the American Society of Bariatric Physicians, Dr Mowett requires bloodwork and an EKG (electrocardiogram) for all new weight loss patients. The blood tests required are: Complete Blood Count with Differential, Complete Metabolic Panel, Thyroid Test (TSH), Lipid Profile and Urinalysis.

If you have had these tests done by your Primary Care Physician within the past 3 months, you may have them faxed to us at: 941-748-8426. You must have these results available on or before the day of your appointment.

You may choose to have these tests done through our office. Bloodwork is \$60.00 and EKG IS \$40.00 (**prices are subject to change**).

It is very important you have these tests available at your Weight Loss Consultation. The EKG can be taken the day of your first appointment.

B. WEIGHT LOSS CONSULTATION:

To schedule an appointment for your initial consultation with Dr. Mowett, please call: 941-749-0741. Once you have an appointment, you can go to our main page (www.tawcenter.com), **click on Office Forms, print all the documents, fill them out ahead of time** (HIPPA info form is yours to keep) **and bring them in with you at your first visit. If you are having difficulty accessing our website forms it will be necessary for you to pick them up or have them faxed from our office. All paperwork and lab test/results must be completed prior to your visit or we will need to reschedule your appointment. You may pick up the lab paperwork prior to your visit as labs/results must be available at your consultation**

The day of your appointment, you should arrive 15 minutes prior to the appointment time. Our staff will need the time to prepare the chart and do some preliminary tests before the Doctor can see you. Set aside 1½ hours for the first consultation. **Remember all paperwork and labs must be completed prior to your visit or we will need to reschedule your appointment.**

The Weight Loss Consultation includes: History and Physical, Vital Signs, Lifestyle Evaluation, Body Composition Analysis, Nutrition and Exercise recommendations and review of blood work and EKG.

C. PAYMENTS:

Weight Loss Consultation fee is due at the time of your first visit. If you decide to start any of our Weight Loss Programs at your first appointment, the additional fees due will cover the first 4 weeks (1 month) of the program. It includes: weekly visits and lipotropic injections.

D. WEEKLY VISITS:

The weekly visits are intended to help you with your progress. It will require a 15 minute appointment and your food diary and exercise log for that week. You will meet with one of the counselors, weight, blood pressure and pulse will be checked, and we will go over the food diary and exercise log. Counseling on food choices, exercise and behavior modification are also provided during the weekly visit. We will answer any questions you may have, and offer our recommendations to help you get the most out of the program.

E. CANCELLATION OR MISSED APPOINTMENT POLICY:

We do not accept patients without appointments. Appointments that are not cancelled 24 hours prior to appointment time or no -shows will be billed a \$25.00 cancellation fee. Cancellation or no- show fees must be paid prior to making future appointments and are the sole responsibility of the client. Missed appointments cannot be refunded or credited to the next week's treatment period. Lipotropic injections missed cannot be credited for future injections. If you are enrolled in a special program through your employer, cancelled or no-show appointments will be applied to your treatment plan and will be charged against your treatment program. Repeat cancelled or no-show appointments may result in termination from treatment at this practice.

F. INSURANCE REIMBURSEMENT:

We suggest you call your medical insurance and inquire if your policy covers Weight Loss Management. Although we do not participate or receive payment from major insurance plans, we will provide, at your request, a statement that you can submit to your insurance company.

A complete list of our current Program fees is available at the front desk or you can call us to obtain more information.